

Rayat Shikshan Sanstha`s
Chhatrapati Shivaji College, Satara
(Autonomous)



Accredited By NAAC with 'A⁺' Grade
Choice Based Credit System
Syllabus For
B.A. Part - II
Psychology
(Syllabus to be implemented from June, 2020 onwards.)



Rayat Shikshan Sanstha's,
Chhatrapati Shivaji College, Satara
(Autonomous)

Department of Psychology

Title and Subject Code

B.A.II Psychology

Sr. No.	Semester	Name of the Course	Subject code	Discipline Specific Elective
1	III	Child Development	PSYO3	Psychology Course-3
2		Psychology for Living	PSYO4	Psychology Course-4
3	IV	Developmental Psychology	PSYO5	Psychology Course-5
4		Modern Applied Psychology	PSYO6	Psychology Course-6

Course Structure

B.A. Part - II: Psychology

Sr. No.	Sem.	Title of the Paper	Discipline Specific Elective	Distribution of Credit	Workload Per week	Total Credit	Theory Marks	Internal Evaluation
1	III	Child Development	Psychology Course-3	4	4 Lectures	16	60	40
2		Psychology for Living	Psychology Course-4	4	4 Lectures		60	40
3	IV	Developmental Psychology	Psychology Course-5	4	4 Lectures		60	40
4		Modern Applied Psychology	Psychology Course-6	4	4 Lectures		60	40



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Department of Psychology
B.A.II Psychology

EQUIVALENCE

Sr. No.	Class	Semester	Paper No.	Title of the Paper (Old)	Title of the Paper (New)
1	B.A.II	III	3	Psychology for Living	Child Development
2			4	Social Psychology	Psychology for Living
3		IV	5	Modern Social Psychology	Developmental Psychology
4			6	Applied Psychology	Modern Applied Psychology

Intake capacity / number of students (wherever applicable)



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Chhatrapati Shivaji College, Satara

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Choice Based Credit System

B.A. Part - II Semester - III

Psychology Course – 3

June 2020 onwards

Child Development –Paper no. III

Subject Code: (PSYO3)

(Credit 04)

Preamble: The students pursuing this course would have to develop understanding of nature, scope and subject matter of child development, importance of genetics and paternal development, basic concepts related to physical growth, motor development, cognitive, emotional and personality development in infancy. They would also have to develop understanding of early childhood stage, Physical growth and development in late childhood and their applications in day today. Students motivated to learn about a topic that, at base, is about their own lives and the lives of every other human being.

Course Outcomes:

CO-1 Understand the importance of genetics and paternal development

CO-2 Understand Physical growth, Motor, Cognitive, Emotional and personality development in infancy

CO-3 Understand early childhood stage of development

CO-4 Understand Physical and Cognitive Changes, Health and Socio-emotional development in late childhood

Expected Skills impartation (Through theory and practical's)

1. Reading skills
2. Comprehension skills
3. Analytical skills

		Periods	Co's
Unit 1	Beginnings 1.1 Genetic foundation of Development A) The Collaborative Genes B) Genes and Chromosomes C) Genetic Principles D) Chromosomal and Gene linked Abnormalities 1.2 Prenatal Development A) The Course of Prenatal Development	15	CO1

	1.3 The Teratology and Hazards to prenatal Development.		
Unit 2	Infancy 2.1 Physical growth and development in infancy A) Pattern of Growth B) The Brain C) The Sleep D) The Nutrition. 2.2 Motor Development A) Reflexes B) Gross motor skills C) Fine motor skill 2.3 Cognitive, Emotional and personality Development Piaget's theory of Infant Development A) Cognitive Process B) The Sensory Motor Stage C) Emotional and personality Development	15	CO2
Unit 3	Early Childhood 3.1 Physical Changes A) Body growth and change B) Motor Development Gross motor skills Fine motor skills C) Nutrition and Exercise 3.2 Cognitive Changes A) Piaget's preoperational stages 3.3 Emotional and Personality Development A) The Self B) Emotional Development	15	CO3
Unit: 4	Middle and Late Childhood 4.1 Physical Changes and Health A) body Growth and Changes B) Motor Development C) Health, Illness and Disease 4.2 Cognitive Changes A) Piaget's Cognitive Developmental Theory 4.3 Socio-emotional development A) Emotional Development B) Developmental Changes in Parent-Child	15	CO4

	Relationships C) Moral Development		
Practical work: <ol style="list-style-type: none"> 1. Observations 2. Case Study 3. Field Survey 4. Field Visits 5. Project 			CO 1,2,3,4
Reference Books: <ol style="list-style-type: none"> 1. Santrock, J.W.(2011). Life-Span Development, Thirteenth Edition, New Delhi: Tata McGraw Hill Education Private Limited. 2. Feldman Robert S.,& Babu Nandita (2018). <i>Development Across the Lifespan</i> (8th edition) Noida (UP) :Pearson India Education Services Pvt. 3. Papalia, Diane E and Olds Sally Wendkas (2002). Human Development, 7th edition, Second print, New Delhi: Tata McGraw Hill Publishing Company Ltd. 4. Hurlock E. B. (2001). Developmental Psychology, A Life Span Approach, New Delhi: TMH Publishing Company Ltd. 5. Borude, Kumthekar, Desai, Golvilkar (2013). Vaikasik Manasshatra, dusari aavrutti, Pune: Vidyarthi Gruha Prakashan. 6. Jadhav, K.M. (2007). ManaviVikasacheManasshstra, Pune: Dimond Publication. 7. Papalia, Diane E. and Olds Sally Wendkos (2004).Human Developmental, 9th Ed., NewDelhi: Tata McGraw – Hill Publishing Company Ltd 8. Shirgave, Naik, Ghaste. (2014). Balamanasshatra, Pune : Nirali Prakashan. 9. Shirgave, Naik, Ghaste. (2014). Vaikasik Manasshatra, Pune : Nirali Prakashan. 10. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2014). Balamanasshatra, Kolhapur : Fdake Prakashan. 11. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2014). Vaikasik Manasshatra, Kolhapur : Fdake Prakashan. 			
Suggested Research Journal <ol style="list-style-type: none"> 1. Journal of Experimental Child Psychology 2. Clinical Child Psychology And Psychiatry 3. Psychology And Aging 4. The Journal of Genetic Psychology 5. Social Development 6. Journal of Neuropsychology 7. Journal of Applied Developmental Psychology 8. Adaptive Behavior 9. The Journal of Individual Psychology 			

10. Experimental Psychology
11. Human Development
12. Journal of Clinical Child & Adolescent Psychology
13. Journal of The American Academy of Child and Adolescent Psychiatry
14. Journal of School Psychology
15. Journal of Research on Adolescence
16. Journal of Child and Family Studies
17. Journal of Child Language
18. Clinical Child Psychology and Psychiatry
19. Child Abuse & Neglect
20. Journal of Mid-Life Health
21. Journal of the Indian Academy of Applied Psychology, Indian Academy of Applied Psychology.
22. Psychology and Developing Societies, Sage Publications India Pvt. Ltd.
23. Applied Measurement n Education, Routledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon, Ox14 4rn
24. Canadian Journal Of School Psychology, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA

Additional readings:

1. पालक –शिक्षक संघ यांचे मासिक (पुणे) संपादक – शोभा भागवत
2. वनस्थळी (मासिक), पुणे
3. शिक्षणपत्रिका (मासिक), पुणे
4. पालकांशी हितगुज, राजहंस प्रकाशन, पुणे

Medium of Instruction – Marathi/English

Special instructions, if any

Library and laboratory equipment`s

Nature of Question paper and Scheme of marking

Term End Examination:

Total Marks-60

Q.1	A) fill in the blanks	06
	B) Write a Short Notes (any one out of two)	04
Q.2	A) Answer in one sentence	06
	B) Explain the following Concepts (one out of two)	04
Q.3.	A) Give reason (three out of four)	06
	B) Write Short Answer (two out of three)	04
Q.4	Subjects Related Technical Aspects / Issues Theory (two out of three)	10
Q.5	Write broad answers(two out of three)	10
Q.6	A) Match the Following/ Distinguish	03
	B) True Or False	03
	C) Define the terms (Any two out of three)	04
	Internal Evaluation :	Total marks
	A) Oral / Class room Participation	10
	B) Subjects specific Activities	10
	C) Home Assignment	10
	D) Class test	10



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Choice Based Credit System

B.A. Part - II Semester - III

Psychology Course – 4

June 2020 onwards

Psychology for Living

Subject Code: (PSYO4)

(Credit 04)

Preamble: This paper is intended for students' interest in applying psychological insights and principles to their own lives as a way of achieving a better understanding of themselves and of living more effectively.

Course Outcomes:

CO-1 Explain social change, challenge of self-direction and themes of personal growth.

CO-2 Discuss body image, mind-body relationship and promoting wellness.

CO-3 Identify stress and its effects in day today life.

CO-4 Describe the self-concept.

Expected Skills impartation (Through theory and practical's)

1. Reading skills
2. Comprehension skills
3. Stress management

		Periods	Cos
Unit:1	Self-Direction in a Changing World 1.1 Social Change A) Living in a Technological World B) Living with other Social Changes 1.2 The Challenge of Self-Direction A) Self-Direction and Society B) Positive Psychology and the Humanistic Perspective C) Living in Today's Individualistic Society 1.3 Themes of Personal Growth A) Living with Contradictions and Uncertainty	15	CO1

	<p>B) Continuity and Change C) The Experience of Personal Growth</p>		
Unit:2	<p>Toward Better Health 2.1 Body Image A) How We Feel About Our Bodies? B) Media and Body Image C) Our Ideal Body 2.2 Health and the Mind-Body Relationship A) The Immune System B) Personality C) Life Style Choices 2.3 Promoting Wellness A) Taking Charge of Your Own Health B) Eating Sensibly C) Keeping physically fit D. Finding Social Support</p>	15	CO2
Unit:3	<p>Stress 3.1 Understanding Stress A. Conceptualizing Stress B. Major Causes of Stress C. Stress in College 3.2 Reactions to Stress A. Physiological Stress Reactions B. Psychological Stress Reactions C. How Do You React to Stress? 3.3 Managing Stress A. Modifying Your Environment B. Altering Your Lifestyle C. Using Stress for Personal Growth</p>	15	CO3
Unit:4	<p>Seeking Selfhood 4.1 What Is Self-Concept? A. The Components of the Self B. Self-Image C. Ideal Self D. Social Self 4.2 Core Characteristics of Self-Concept A. Self-Consistency B. Self-Esteem C. Self-Enhancement and Self-Verification 4.3 The Self-Concept and Personal Growth</p>	15	CO4

	A. The Self You'd Like to Be B. Learning from Criticism C. Greater Self-Direction		
Practical work: Case Study / Field Survey / Field Visits / Project <ol style="list-style-type: none"> 1. Measurement of progress on the road of self-actualization. CO-1 2. Rating the health habits. CO-2 3. Calculation of a healthy weight. CO-3 4. Measurement of behavior pattern Type : A or B. CO-4 5. Self-Affirming activities. CO-4 			
Reference Books: <ol style="list-style-type: none"> 1. Kirsh, S.J., Duffy, K.G., & Atwater, E. (2015). <i>Psychology for Living-Adjustment, Growth, and Behavior Today</i>. (11th ed.). Noida (UP) :Pearson India Education Services Pvt. Ltd. 2. Atwater, E. (1994). <i>Psychology for Living</i> (5th ed.). New Delhi: Prentice-Hall of India Private Ltd. 3. Barve, B. N. (1998). <i>Jivanmanache Manasshastra. Jalana: Sankalp Pub.</i> 4. Weiten, W. & Margaret, A.L. (1994). <i>Psychology Applied to Modern Life</i>, (7th ed.).Singapore: Thomson Asia Pvt. Ltd. 5. Shirgave, Naik, Ghaste. (2014). <i>Upyojit Manasshatra</i>, Pune : Nirali Prakashan. 6. Patil, Anagha & Rajhans Manasi. (1998). <i>Jivnopyogi Manasshastra</i> , Pune : Unmesh Prakashan. 7. Shirgave, Naik, Ghaste. (2019). <i>Upyojit Manasshatra</i>, Pune : Nirali Prakashan. 8. Shirgave, Naik, Ghaste. (2019). <i>Jivanopyogi Manasshatra</i>, Pune : Nirali Prakashan. 9. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). <i>Jivanopyogi Manasshatra</i>, Kolhapur : Fdake Prakashan. 10. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). <i>Upyojit Manasshatra</i>, Kolhapur : Fdake Prakashan. 11. Y.C.M.O.U., Nashik : Vyktimatv Vikas (PSY273) 			
Suggested Research Journal <ol style="list-style-type: none"> 1. Behavioral Disorders, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA. 2. Journal of Counseling Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA. 3. Journal of Emotional and Behavioral Disorders, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA. 4. Applied Psychology-An International Review-Psychologie Appliquee-Revue Internationale, Wiley, 111 River St, Hoboken, USA. 5. Applied Psychology-Health And Well Being, Wiley, 111 River St, Hoboken, USA. 			

6. Behavioral Sciences & the Law, Wiley, 111 River St, Hoboken, USA.
7. British Journal of Guidance & Counselling, Routledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
8. Counseling Psychologist, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
9. European Review of Applied Psychology- Elsevier France-Editions Scientifiques Medicales Elsevier, 65 Rue Camille Desmoulins, Cs50083, Issy-Les-Moulineaux, France.
10. Human Performance, Routledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
11. International Journal of Stress Management, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
12. Journal of Applied Behavioral Science, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
13. Journal of Applied Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
14. Journal of Behavioral Decision Making, Wiley, 111 River St, Hoboken, USA.

Additional readings:

1. Lokastta
2. Maharastra Times
3. Saptahik Sakal
4. Lokprabha

Medium of Instruction – Marathi/English

Special instructions, if any

Library and laboratory equipment`s

Nature of Question paper and Scheme of marking

Term End Examination:

Total Marks-60

Q.1	A) fill in the blanks	06
	B) Write a Short Notes (any one out of two)	04
Q.2	A) Answer in one sentence	06
	B) Explain the following Concepts (one out of two)	04
Q.3.	A) Give reason (three out of four)	06
	B) Write Short Answer (two out of three)	04
Q.4	Subjects Related Technical Aspects / Issues Theory (two out of three)	10
Q.5	Write broad answers(two out of three)	10
Q.6	A) Match the Following/ Distinguish	03
	B) True Or False	03
	C) Define the terms (Any two out of three)	04
	Internal Evaluation :	Total marks
	A) Oral / Class room Participation	10
	B) Subjects specific Activities	10
	C) Home Assignment	10
	D) Class test	10



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Choice Based Credit System
B.A. Part – II Semester - IV
Psychology Course – 5
June 2020 onwards
Developmental Psychology Paper-V
Subject Code: (PSY05)
(Credit 04)

Preamble: The purpose of teaching this paper is to understand Physical changes, Cognitive and Socio-emotional development in adolescence, early adulthood, middle adulthood and late adulthood of human development. The intention is to aid students in their potential roles as parents, teachers, daycare workers, nurses, psychologists, social worker and such other positions that impact upon the lives of developing persons and, indeed, the entire community.

Course Outcomes:

- CO-1 Understand physical changes, cognitive and Socio-emotional development in adolescence.
- CO-2 Understand physical changes, cognitive and Socio-emotional development in early adulthood.
- CO-3 Understand physical changes, cognitive and Socio-emotional development in middle adulthood.
- CO-4 Understand physical changes, cognitive and Socio-emotional development in late adulthood.

Expected Skills impartation (Through theory and practical's)

1. Reading skills
2. Comprehension skills
3. Analytical Skills

		Periods	CO`s
Unit :1	Adolescence 1.1 Physical changes A) Puberty B) Adolescent sexuality 1.2 Cognitive Development A) Piaget's Theory B) Information Processing	15	CO1

	1.3 Socio-emotional Development A) Parental Monitoring and Parent – Adolescent Conflict B) Friendships and Peer Groups		
Unit :2	Early Adulthood 2.1 The Transmission from Adolescence to Adulthood A) Physical Development B) Sexuality 2.2 Cognitive Development and Career A) Cognitive Development B) Career and Work 2.3 Socio-emotional Development A) Attraction, Love and Close relationships B) Adult Lifestyles	15	CO2
Unit :3	Middle Adulthood 3.1 Physical Development A) Physical Changes, Health and Diseases B) Sexuality 3.2 Cognitive Development A) Intelligence B) Information Processing 3.3 Socio-emotional Development A) Personality Theories and Development B) Close Relationships	15	CO3
Unit: 4	Late Adulthood 4.1 Physical Development A) Longevity B) The Course of Physical Development in Late Adulthood 4.2 Cognitive Development A) Cognitive Functioning in Older Adults B) Mental Health 4.3 Socio-emotional Development A) Personality, The Self and Society B) Families and Social Relationships	15	CO4
Practical work: 1. Observations 2. Case Study 3. Field Survey			

4. Field Visits
5. Project

Reference Books:

1. Santrock, J.W.(2011). Life-Span Development, Thirteenth Edition, New Delhi: Tata McGraw Hill Education Private Limited.
2. Feldman Robert S.,& Babu Nandita (2018). *Development Across the Lifespan* (8th edition) Noida (UP) :Pearson India Education Services Pvt.
3. Papalia, Diane E and Olds Sally Wendkas (2002). Human Development, 7th edition, Second print, New Delhi: Tata McGraw Hill Publishing Company Ltd.
4. Hurlock E. B. (2001). Developmental Psychology, A Life Span Approach, New Delhi: TMH Publishing Company Ltd.
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6. Jadhav, K.M. (2007). ManaviVikasacheManasshstra, Pune: Dimond Publication.
7. Papalia, Diane E. and Olds Sally Wendkos (2004). Human Developmental, 9th Ed., New Delhi: Tata McGraw – Hill Publishing Company Ltd
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11. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2014). Vaikasik Manasshatra, Kolhapur : Fdake Prakashan.

Suggested Research Journal

1. Psychology And Aging
2. The Journal of Genetic Psychology
3. Social Development
4. Journal of Neuropsychology
5. Journal of Applied Developmental Psychology
6. Adaptive Behavior
7. The Journal of Individual Psychology
8. Human Development
9. Journal of Clinical Child & Adolescent Psychology
10. Journal of The American Academy of Child and Adolescent Psychiatry
11. Journal of Research on Adolescence
12. Journal of Child and Family Studies
13. Clinical Child Psychology and Psychiatry
14. Child Abuse & Neglect
15. Journal of Mid-Life Health
16. Journal of the Indian Academy of Applied Psychology
17. Psychology and Developing Societies, Sage Publications India Pvt. Ltd.

Additional readings:

1. पालक –शिक्षक संघ यांचे मासिक (पुणे) संपादक – शोभा भागवत
2. वनस्थळी (मासिक), पुणे
3. शिक्षणपत्रिका (मासिक), पुणे
4. पालकांशी हितगुज, राजहंस प्रकाशन, पुणे

Medium of Instruction – Marathi/English**Special instructions, if any****Library and laboratory equipment`s**

Nature of Question paper and Scheme of marking

Total Marks-60

Q.1	A) fill in the blanks	06
	B) Write a Short Notes (any one out of two)	04
Q.2	A) Answer in one sentence	06
	B) Explain the following Concepts (one out of two)	04
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Q.5	Write broad answers(two out of three)	10
Q.6	A) Match the Following/ Distinguish	03
	B) True Or False	03
	C) Define the terms (Any two out of three)	04
	Internal Evaluation :	Total marks
	A) Oral / Class room Participation	10
	B) Subjects specific Activities	10
	C) Home Assignment	10
	D) Class test	10



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Choice Based Credit System
B.A. Part - II Semester - IV
Psychology Course – 6
June 2020 onwards
Modern Applied Psychology
Subject Code: (PSYO6)
(Credit 04)

Preamble: Applied Psychology include many branches of psychology like clinical, personality, social and developmental psychology as well as important fields of cognitive, biological and health psychology. The aim of this paper is to increase students' understanding as well as their knowledge about personal adjustment, in order that they may continue learning on their own.

Course Outcomes:

- CO-1 Define and summarize the benefits of perceived control and decision making.
CO-2 Discuss several factors affecting our attraction to others and mutual self-disclosure shapes friendships.
CO-3 Compare love with friendship and the characteristics of successful and unsuccessful marriages.
CO-4 Summarize the main features of psychoanalysis, person-centered, cognitive and behavioural therapy.

Expected Skills impartation (Through theory and practical`s)

1. Summarizing skills
2. Comprehension skills
3. Analytical Skills

		Periods	CO`s
Unit:1	Taking Charge 1.1 Personal Control A. Explaining Perceived Control B. The Benefits of Perceived Control C. Misperception and Maladjustment D. Learned Optimism E. Defensive Pessimism 1.2 Decision Making A. The Process of Decision Making B. Critical Elements in Decision Making	15	CO1

	<ul style="list-style-type: none"> C. Post-Decision Regret D. Making Better Decisions 1.3 Decisions and Personal Growth <ul style="list-style-type: none"> A. Making New Decisions B. Some practical Applications 		
Unit:2	<p>Making and keeping friends</p> <ul style="list-style-type: none"> 2.1 Meeting People <ul style="list-style-type: none"> A. Are First Impressions Most Important? B. Factors that Influence First Impressions C. Mistaken Impressions 2.2 Keeping Friends <ul style="list-style-type: none"> A. When Friends Get Together? B. Self-disclosure – Those Little Secrets C. Gender Differences in Friendship D. Staying Friends 2.3 When It’s Hard to Make Friends? <ul style="list-style-type: none"> A. Shyness B. Loneliness 	15	CO2
Unit:3	<p>Love and Commitment</p> <ul style="list-style-type: none"> 3.1 Love is a Many Splendored (and Defined) Thing <ul style="list-style-type: none"> A. The Many Definitions of Love B. Love and Friendship C. Love and Attachment 3.2 Finding Love <ul style="list-style-type: none"> A. Online Dating B. The importance of Self-disclosure 3.3 Marriage and Other Committed Relationships <ul style="list-style-type: none"> A. Cohabitation B. Marriage 3.4 Adjusting to Intimate Relationships <ul style="list-style-type: none"> A. Attitude adjustment B. Sharing Responsibilities C. Communication and Conflict D. Making the Relationship Better E. Sexuality 	15	CO3
Unit:4	<p>Psychotherapies : If You go for help</p> <ul style="list-style-type: none"> 4.1 Psychotherapy <ul style="list-style-type: none"> A. Gender differences in adulthood B. Cultural Issues C. Applying it to Yourself 	15	CO4

	<p>4.2 Insight Therapies A. Psychoanalysis B. Person-centered Approach</p> <p>4.3 Cognitive and Behavioural Therapies A. Behavioural Therapies B. Cognitive Therapies C. Cognitive-Behavioural Therapy</p>		
<p>Practical work: Case Study / Field Survey / Field Visits / Project</p> <ol style="list-style-type: none"> 1. Measurement of perceived control –CO-1 2. Study of shyness with the help of shyness scale CO-2 3. Survey of Happy and unhappy couples CO-3 4. Health care : What are alternative forms of Therapy CO-4 			
<p>Reference Books:</p> <ol style="list-style-type: none"> 1. Kirsh, S.J., Duffy, K.G., & Atwater, E. (2015). <i>Psychology for Living-Adjustment, Growth, and Behavior Today</i>. (11th ed.). Noida (UP) :Pearson India Education Services Pvt. Ltd. 2. Atwater, E. (1994). <i>Psychology for Living</i> (5th ed.). New Delhi: Prentice-Hall of India Private Ltd. 3. Barve, B. N. (1998). <i>Jivanmanache Manasshastra. Jalana: Sankalp Pub.</i> 4. Weiten, W. & Margaret, A.L. (1994). <i>Psychology Applied to Modern Life</i>, (7th ed.).Singapore: Thomson Asia Pvt. Ltd. 5. Shirgave, Naik, Ghaste. (2014). <i>Upyojit Manasshatra</i>, Pune : Nirali Prakashan. 6. Patil, Anagha & Rajhans Manasi. (1998). <i>Jivnopyogi Manasshastra</i> , Pune : Unmesh Prakashan. 7. Shirgave, Naik, Ghaste. (2019). <i>Upyojit Manasshatra</i>, Pune : Nirali Prakashan. 8. Shirgave, Naik, Ghaste. (2019). <i>Jivanopyogi Manasshatra</i>, Pune : Nirali Prakashan. 9. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). <i>Jivanopyogi Manasshatra</i>, Kolhapur : Fdake Prakashan. 10. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). <i>Upyojit Manasshatra</i>, Kolhapur : Fdake Prakashan. 11. Y.C.M.O.U., Nashik : Vyktimatv Vikas (PSY273) 			
<p>Suggested Research Journal</p> <ol style="list-style-type: none"> 1. Behavioral Disorders, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA. 2. Journal of Counseling Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA. 3. Journal of Emotional and Behavioral Disorders, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA. 4. Applied Psychology-An International Review-Psychologie Appliquee-Revue 			

<p>Internationale, Wiley, 111 River St, Hoboken, USA.</p> <p>5. Applied Psychology-Health And Well Being, Wiley, 111 River St, Hoboken, USA.</p> <p>6. Behavioral Sciences & the Law, Wiley, 111 River St, Hoboken, USA.</p> <p>7. British Journal of Guidance & Counselling, Routledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.</p> <p>8. Counseling Psychologist, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.</p> <p>9. European Review of Applied Psychology- Elsevier France-Editions Scientifiques Medicales Elsevier, 65 Rue Camille Desmoulins, Cs50083, Issy-Les-Moulineaux, France.</p> <p>10. Human Performance, Routledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.</p> <p>11. International Journal of Stress Management, Amer Psychological Assoc, 750 First St Ne, Washington, USA.</p> <p>12. Journal of Applied Behavioral Science, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.</p> <p>13. Journal of Applied Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA.</p> <p>14. Journal of Behavioral Decision Making, Wiley, 111 River St, Hoboken, USA.</p>
<p>Additional readings:</p> <ol style="list-style-type: none"> 1. Lokastta 2. Maharastra Times 3. Saptahik Sakal 4. Lokprabha
<p>Medium of Instruction – Marathi/English</p>
<p>Special instructions, if any</p>
<p>Library and laboratory equipment`s</p>

Nature of Question paper and Scheme of marking

Total Marks-60

Q.1	A) fill in the blanks	06
	B) Write a Short Notes (any one out of two)	04
Q.2	A) Answer in one sentence	06
	B) Explain the following Concepts (one out of two)	04
Q.3.	A) Give reason (three out of four)	06
	B) Write Short Answer (two out of three)	04
Q.4	Subjects Related Technical Aspects / Issues Theory (two out of three)	10
Q.5	Write broad answers(two out of three)	10
Q.6	A) Match the Following/ Distinguish	03
	B) True Or False	03
	C) Define the terms (Any two out of three)	04
	Internal Evaluation :	40
	Total marks	
	E) Oral / Class room Participation	10
	F) Subjects specific Activities	10
	G) Home Assignment	10
	H) Class test	10