



Rayat Shikshan Sanstha`s

**Chhatrapati Shivaji College, Satara
(Autonomous)**

Tal: Satara Dist.: Satara-415001 (Maharashtra)

Accredited By NAAC with 'A+' Grade

A Constituent College of
Karmaveer Bhaurao Patil University, Satara

**SYLLABUS FOR
B.A. Part-II (Semester: III & IV)
Psychology
&
Logic**

**SYLLABUS UNDER
(Under the Faculty of Humanities)**

To be implemented from Academic Year: 2023-2024



Rayat Shikshan Sanstha's
Chhatrapati Shivaji College, Satara (Autonomous)
A Constituent College of Karmaveer Bhaurao Patil University, Satara
Department of Psychology
B.A.II Psychology, Semester III & IV

Titles and Subject Code				
Sr. No.	Semester	Name of the Course	Subject code	Discipline Specific Elective
1	III	Psychology for Living	PSYO3	Psychology Course-3
2		Social Psychology	PSYO4	Psychology Course-4
3	IV	Modern Social Psychology	PSYO5	Psychology Course-5
4		Applied Psychology	PSYO6	Psychology Course-6

IDS (Inter Disciplinary Studies)				
Sr. No.	Sem.	Name of the Course	Subject code	Inter Disciplinary Studies
1	III	(IDS) Logic (T) Deductive	LOG1 (IDS)	Generic Elective 1
2	IV	(IDS) Logic (T) Inductive	LOG2 (IDS)	Generic Elective 2

COURSE STRUCTURE								
Sr. No.	Sem.	Title of the Paper	Discipline Specific Elective	Distribution of Credit	Workload Per week	Total Credit	Theory Marks	Internal Evaluation
1	III	Psychology for Living	Psychology Course-3	4	4 Lectures	16	60	40
2	III	Social Psychology	Psychology Course-4	4	4 Lectures		60	40
3	IV	Modern Social Psychology	Psychology Course-5	4	4 Lectures		60	40
4	IV	Applied Psychology	Psychology Course-6	4	4 Lectures		60	40

B.A. PART - II: INTER DISCIPLINARY STUDIES (IDS)								
Sr. No.	Sem.	Title of the Paper	Course	Distribution of Credit	Workload	Total Credit	Theory Marks	Internal Evaluation
1	III	(IDS) Logic (T) Deductive	I	4	4 Lectures	8	60	40
2	IV	(IDS) Logic (T) Inductive	II	4	4 Lectures		60	40

**B.A.II PSYCHOLOGY
EQUIVALENCE**

B.A.II PSYCHOLOGY : EQUIVALENCE					
Sr. No.	Class	Semester	Paper No.	Title of the Paper Old	Title of the Paper (New)
1	B.A.II	III	3	Psychology for Living	Psychology for Living
2	B.A.II	III	4	Social Psychology	Social Psychology
3	B.A.II	IV	5	Modern Social Psychology	Modern Social Psychology
4	B.A.II	IV	6	Applied Psychology	Applied Psychology
5	B.A.II	III	1	(IDS) Logic (T) Deductive	(IDS) Logic (T) Deductive
6	B.A.II	IV	2	(IDS) Logic (T) Inductive	(IDS) Logic (T) Inductive



Rayat Shikshan Sanstha`s

Chhatrapati Shivaji College, Satara (Autonomous)

A Constituent College of Karmaveer Bhaurao Patil University, Satara

Choice Based Credit System

B.A. Part-II Semester-III

Psychology Course: 3

(Implemented from June, 2023 onwards)

Psychology for Living

Subject Code: (PSYO3) (Credit: 04)

Preamble: This paper is specially designed for the foundation building of the students by imparting knowledge and skills about psychology for living. The Choice Based Credit and Grading System to be implemented through this curriculum will help students develop an interest in the field of Psychology. This paper is intended for students' interest in applying psychological insights and principles to their own lives as a way of achieving a better understanding of themselves and of living more effectively. The objective of this course is to introduce the concepts such as health, stress, mental disorders, and psychotherapies. The board of studies briefly mentions the foundation, core, and applied components of this course.

➤ **Objectives:**

1. To acquaint the students with the Psychology of living.
2. To acquaint the students with better health.
3. To introduce the students to body image, mind-body relationships, and promoting wellness.
4. To introduce students to the concept of Stress, causes of stress, and management of stress.
5. To acquaint the students with understanding disorders.
6. To acquaint the students with various psychotherapies.

➤ **Course Outcomes:** After studying the course the student will be able to ...

1. CO-1: Understand the psychology of living.
2. CO-2: Understanding the concept of better health.
3. CO-3: Discuss body image, mind-body relationship and promoting wellness.
4. CO-4: Identify stress and its effects on day today life.

5. CO-5: Understanding the mental disorders.
6. CO-6: Applications of psychotherapies.

Expected Skills impartation (Through theory and practical's)

1. Reading skills
2. Comprehension skills
3. Stress management skills
4. Health Promotion Skills
5. Understanding skill
6. Analytical skill
7. Comparison skill

Module No.	Name of the Module	No. of Hours	No. of credits
01	Toward Better Health	15	01
02	Stress	15	01
03	Understanding Mental Disorders	15	01
04	If You Go For Help	15	01
Module No.	Contents	Periods	Cos
1	<p>Module: 1: Toward Better Health</p> <p>1.1 Body Image</p> <p>A) How We Feel About Our Bodies?</p> <p>B) Media and Body Image</p> <p>C) Our Ideal Body</p> <p>1.2 Health and the Mind-Body Relationship</p> <p>A) The Immune System</p> <p>B) Personality</p> <p>C) Life Style Choices</p> <p>D) Environmental Issues</p> <p>1.3. Coping with Illness</p> <p>Noticing and Interpreting Symptoms</p>	15	<p>CO1</p> <p>CO2</p> <p>CO3</p>

	Seeking Help Adhering to Treatment 1.4 Promoting Wellness A) Taking Charge of Your Own Health B) Eating Sensibly C) Keeping physically fit D. Finding Social Support		
2	Module: 2: Stress 2.1 Understanding Stress A. Conceptualizing Stress B. Major Causes of Stress C. Stress in College 2.2 Reactions to Stress A. Physiological Stress Reactions B. Psychological Stress Reactions 1.3. How Do You React to Stress? 2.4 Managing Stress A. Modifying Your Environment B. Altering Your Lifestyle C. Using Stress for Personal Growth	15	CO4
3	Module:3: Understanding Mental Disorders 3.1. Psychological Disorders a) What are psychological Disorders? b) How Common are Psychological Disorders? c) Putting Mental Health in Perspectives 3.2. Anxiety Disorders	15	CO5

	<p>a) Generalized Anxiety Disorders (GAD)</p> <p>b) Panic Disorders</p> <p>c) Phobias</p> <p>d) Obsessive-Compulsive Disorders (OCD)</p> <p>E) Post-Traumatic Stress Disorders (PTSD)</p> <p>3.3. Mood Disorders</p> <p>a) Depressive Disorders</p> <p>b) Bipolar Disorders</p> <p>c) Suicide</p> <p>1.4. Eating Disorders</p>		
4	<p>Module:4: If You Go For Help</p> <p>4.1. Psychotherapy</p> <p>a) Gender Differences in Adulthood</p> <p>b) Cultural Issues</p> <p>c) Applying it to Yourself</p> <p>4.2. Insight Therapies</p> <p>a) Psychoanalysis</p> <p>b) Person-Centered Approach</p> <p>4.3. Cognitive and Behavioural Therapies</p> <p>a) Behavioural Therapies</p> <p>b) Cognitive Therapies</p> <p>c) Cognitive and Behavioural Therapy</p> <p>1.4. Family, Couples and Relationship Therapy</p>	15	CO6
<p>Practical work: Case Study / Field Survey / Field Visits / Project</p> <p>1. Power point presentation on any syllabus related topic.</p> <p>2. Project on any psychologist.</p>			

3. Home Assignment 4. Online/ Offline Unit Class Test 5. Case Study on any Issue	CO1-CO6
<p>Book for Reading /Study:</p> <ul style="list-style-type: none"> • Kirsh, S.J., Duffy, K.G., & Atwater, E. (2015). <i>Psychology for Living- Adjustment, Growth, and Behavior Today</i>. (11th ed.). Noida (UP) :Pearson India Education Services Pvt. Ltd. 	
<p>Reference Books:</p> <ul style="list-style-type: none"> • Atwater, E. (1994). <i>Psychology for Living</i> (5th ed.). New Delhi: Prentice-Hall of India Private Ltd. • Barve, B. N. (1998). <i>Jivanmanache Manasshastra. Jalana: Sankalp Pub.</i> • Weiten, W. & Margaret, A.L. (1994). <i>Psychology Applied to Modern Life</i>, (7th ed.).Singapore: Thomson Asia Pvt. Ltd. • Shirgave, Naik, Ghaste. (2014). <i>Upyojit Manasshatra</i>, Pune :Nirali Prakashan. • Patil, Anagha & Rajhans Manasi. (1998). <i>Jivnopyogi Manasshastra</i> , Pune : UnmeshPrakashan. • Shirgave, Naik, Ghaste. (2019). <i>Upyojit Manasshatra</i>, Pune :Nirali Prakashan. • Shirgave, Naik, Ghaste. (2019). <i>Jivanopyogi Manasshatra</i>, Pune :Nirali Prakashan. • Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). <i>Jivanopyogi Manasshatra</i>, Kolhapur : Fadake Prakashan. • Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). <i>UpyojitManasshatra</i>, Kolhapur :Fadake Prakashan. • Y.C.M.O.U., Nashik : Vyktimatv Vikas (PSY273) 	
<p>Suggested Research Journal</p> <ol style="list-style-type: none"> 1. Behavioral Disorders, Sage Publications Inc., 2455 Teller Rd, Thousand Oaks, USA. 2. Journal of Counseling Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA. 3. Journal of Emotional and Behavioral Disorders, Sage Publications Inc, 2455 Teller 	

Rd, Thousand Oaks, USA.

4. Applied Psychology-An International Review-Psychology Applique-Revue International, Wiley, 111 River St, Hoboken, USA.
5. Applied Psychology-Health and Well Being, Wiley, 111 River St, Hoboken, USA.
6. Behavioral Sciences & the Law, Wiley, 111 River St, Hoboken, USA.
7. British Journal of Guidance & Counselling, Rout ledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
8. Counseling Psychologist, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
9. European Review of Applied Psychology- Elsevier France-Editions Scientific Medicals Elsevier, 65 Rue Camille Desmoulins,.
10. Human Performance, Rout ledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
11. International Journal of Stress Management, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
12. Journal of Applied Behavioral Science, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
13. Journal of Applied Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
14. Journal of Behavioral Decision Making, Wiley, 111 River St, Hoboken, USA.

Additional readings:

1. Lokastta
2. Maharastra Times
3. Saptahik Sakal
4. Lokprabha

Medium of Instruction – Marathi/English



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Choice Based Credit System

B.A. Part-II Semester-III

Psychology Course-4

(Implemented from June, 2023 onwards)

Social Psychology

Subject Code: (PSYO4) (Credit 04)

Preamble: The social world has changed tremendously in recent years, perhaps more quickly and dramatically than at any time in the past. Social psychology is the branch of psychology that studies all aspects of our behavior with and toward others, our feelings and thoughts about them, and the relationships we develop with them. Social psychology provides many important insights crucial to understanding social changes. Although many basic principles of social life remain, in essence, unchanged, the ways in which these principles are expressed and experienced have changed drastically. This course illustrates how understanding social psychological processes can help to improve many aspects of life. The students pursuing this course will be help to develop an understanding of the nature, scope, and subject matter of social psychology, and the importance of social perception, self, and self-esteem. They would also have to develop an understanding of the attitude and its formation, the science of persuasion and cognitive dissonance, and their applications in the day today.

Objectives

1. To acquaint the students with the processes of Social Psychology.
2. To introduce students the social psychology.
3. To introduce students to the concept of Social Perception.
4. To acquaint the students with the self and self-esteem.
5. To introduce students to concepts of attitude formation, persuasion, and cognitive dissonance.

Course Outcomes: After studying the course the student will be able to ...

1. CO-1 Understanding the processes of social psychology
2. CO-2 Understanding the social psychology.
3. CO-3 Understanding the concept of social perception
4. CO-4 Understanding the self and self esteem
5. CO-5 Understanding the concepts of attitude formation, persuasion and cognitive Dissonance.

Expected Skills impartation (Through theory and practical`s)

1. Reading skills
2. Comprehension skills
3. Understanding skill
4. Analytical skill
5. Comparison skill

Module No.	Module Title	No. of Hours	No. of credits
Module- 1:	Introduction to Social Psychology	15	01
Module- 2:	Social Perception	15	01
Module- 3:	The Self	15	01
Module- 4:	Attitude	15	01
Module No.	Contents	Periods	Cos
1	<p>Module :1: Introduction to Social Psychology</p> <p>1.1. Definition of Social Psychology</p> <p>A. Social Psychology is Scientific in Nature</p> <p>B. Social Psychology focuses on the Behavior of individuals</p> <p>C. Social Psychology seek to understand the causes of social behavior</p> <p>D. The Search for Basic Principles in a Changing Social World</p> <p>1.2. Social Psychology: Advances at the Boundaries</p> <p>A. Cognition and Behavior</p> <p>B. The role of emotion in the social side of life</p> <p>C. Social Relationship</p>	15	CO1

	<p>D. Social Neuroscience</p> <p>1.3. Research as the Route to Increased Knowledge</p> <p>A. Systematic Observation</p> <p>B. The Experimental Method</p> <p>C. Correlation Method</p> <p>1.4. The Role of Theory in Social Psychology</p>		
2	<p>Module :2: Social Perception</p> <p>2.1. Non-Verbal Communication</p> <p>A. Basic Channels of Non-Verbal Communication</p> <p>B. Non-Verbal Cues in Social Life</p> <p>C. Recognizing Deception</p> <p>2.2. Attribution</p> <p>A. Theories of Attribution</p> <p>I) Correspondent Inference Theory</p> <p>II) Kelley's Co variation Theory</p> <p>III) Fate Attribution Versus Personal Choice</p> <p>B. Basic Sources of Error in Attribution</p> <p>C. Application of Attribution Theory</p> <p>I) Attribution and Depression</p> <p>II) Attribution And Terrorism</p> <p>2.3. Impression Formation</p> <p>2.4. Impression Management</p>	15	CO2
	<p>Module:3: The Self</p> <p>3.1. Self-Presentation</p> <p>A. Self-Other Accuracy in Predicting Our Behavior</p> <p>B. Self-Presentation Tactics</p> <p>3.2. Personal Identity Versus Social Identity</p> <p>A. Who I Think I Am Depends on the Social</p>	15	CO3

3	<p>Context?</p> <p>B. Who I Am Depends on Others Treatment?</p> <p>C. The Self Across Time: Past and Future Selves</p> <p>D. Why Self-Control Can Be Difficult to Achieve</p> <p>3.3. Social Comparison: How We Evaluate Ourselves</p> <p>A) Self-Serving Biases and Unrealistic Optimism</p> <p>3.4. Self-Esteem</p> <p>A. The Measurement of Self-Esteem</p> <p>B. How Migration Affects Self-Esteem?</p> <p>C. Do Women and Men Differ in their Level of Self-Esteem?</p>		
4	<p>Module:4: Attitude</p> <p>4.1. Attitude Formation</p> <p>A. Classical Conditioning</p> <p>B. Instrumental Conditioning</p> <p>C. Observational Learning</p> <p>4.2. The Science of Persuasion</p> <p>a) Persuasion: Communicators, Messages and Audiences</p> <p>b) The Cognitive Processes Underlying Persuasion</p> <p>4.3. Resisting Persuasion Attempts</p> <p>A. Reactance: Protecting Our Personal Freedom</p> <p>B. Forewarning: Prior Knowledge of Persuasive Intent</p> <p>C. Selective Avoidance of Persuasion Attempts</p> <p>D. Actively Defending Our Attitudes: Counter arguing Against the Competition</p> <p>E. Individual Differences in Resistance to Persuasion</p> <p>F. Ego-Depletion Can Undermine Resistance</p> <p>4.3. Cognitive Dissonance</p> <p>A. Dissonance and Attitude Change</p>	15	CO4

	<p>B. Alternative Strategies for Resolving Dissonance</p> <p>C. When Dissonance is a Tool for Beneficial Changes in Behavior?</p>		
<p>Practical work: Case Study / Field Survey / Field Visits / Project</p> <ol style="list-style-type: none"> 1. Observations 2. Case Study 3. Field Survey 4. Field Visits 5. Project 6. Power point presentation on any syllabus related topic. 7. Home Assignment 8. Online/ Offline Unit Class Test 9. Case Study on any Issue 			<p>CO1-CO5</p>
<p>Reading Books:</p> <ol style="list-style-type: none"> 1. Branscombe , N. R., Baron, R. A. & Kapur, P. (2017). <i>Social Psychology</i>. (14th ed.), Noida (UP): Pearson India Education Services Pvt. Ltd., Second Impression 2018. 2. Branscombe, Nyla, R. & Baron, Robert A.(2017). <i>Social Psychology</i>.(14th Golden Edition).Pearson Education Limited. <p>Books for Reference:</p> <ol style="list-style-type: none"> 1. Aronson, E., Wilson, T. D., Akert, R. M. & Sommers, S. R.(2015). <i>Social Psychology</i>.(9th ed.) New Jersey: Pearson Education Practice Hall. 2. Aronson, Elliot., Wilson, Timothy. D., & Sommers, Samuel, R. (2018). <i>Social Psychology</i> (10th ed.)Pearson Education 3. Baron, R. A. & Branscombe , N. R. (2012). <i>Social Psychology</i>. (13th ed.)New Delhi: Pearson Education: Indian Reprint 2014. 4. Baron, Robert A., & Branscombe, Nyla R.,(2012). <i>Social Psychology</i>. (13th Edition). Pearson Education Practice Hall. 5. Baron, Robert A., & Branscombe, Nyla, R.(2014). <i>Social Psychology</i>.(13th ed.). Pearson New International Edition, Pearson Education Limited. 			

6. Heinzen, Thomas., & Goodfriend, Wind.(2019). *Social Psychology*. Sage Publications, Inc.
7. Mercer, J. & Clayton, D. (2014).*Social Psychology*. New Delhi: Dorling Kindersley India Pvt.
8. Myers, David., Jordan, Christian. Smith, Steven. & Spencer, Steven. (2018). *Social Psychology*. (Seventh Canadian Edition). McGraw-Hill.

Suggested Research Journal

1. European Journal of Social Psychology
2. Journal of Experimental Social Psychology
3. Journal of Personality and Social Psychology
4. The Journal of Social Psychology
5. Personality and Social Psychology Bulletin
6. Social Psychological and Personality Science
7. British Journal of Social Psychology
8. Asian Journal of Social Psychology\Journal of Social Issues
9. Social Psychology Quarterly

Additional readings:

1. Lokastta
2. Maharastra Times
3. SaptahikSakal
4. Lokprabha

Medium of Instruction – Marathi/English



Rayat Shikshan Sanstha`s
Chhatrapati Shivaji College, Satara (Autonomous)
A Constituent College of Karmaveer Bhaurao Patil University, Satara
Choice Based Credit System
B.A. Part-II Semester-IV
Psychology Course-5
(Implemented from June, 2023 onwards)
Modern Social Psychology
Subject Code: (PSYO5)
(Credit 04)

Preamble: The social world has changed tremendously in recent years, perhaps more quickly and dramatically than at any time in the past. Social psychology is the branch of psychology that studies all aspects of our behavior with and toward others, our feelings and thoughts about them, and the relationships we develop with them. Social psychology provides many important insights crucial to understanding social changes. Although many basic principles of social life remain, in essence, unchanged, the ways in which these principles are expressed and experienced have changed drastically. This course offers students a valuable means of learning about themselves and the social world in which they live. The purpose of teaching this paper is to understand attraction, social influence pro-social behavior, and aggression. The intention is to aid students in their potential roles in society, that impact upon the lives of developing persons and, indeed, the entire community.

Objectives

1. To acquaint the students with processes of liking (attraction) and sources of liking.
2. To introduce students the concept of Social influence, Conformity and Compliance.
3. To acquaint the students with Understanding Pro-social Behavior.
4. To introduce students the concept of Aggression, its causes and control

Course Outcomes: After studying the course the student will be able to ...

- CO-1 Understand the processes of liking (attraction) and sources of liking
- CO-2 Understand the concept of social influence, conformity and compliance.

- CO-3 Understand the pro-social behavior.
- CO-4 Understand the concept of aggression.

Expected Skills impartation (Through theory and practical's)

1. Reading skills
2. Comprehension skills
3. Understanding skill
4. Analytical skill
5. Comparison skill

Module No.	Module Title	No. of Hours	No. of credits
Module- 1:	Liking (Attraction)	15	01
Module- 2:	Social Influence	15	01
Module- 3:	Pro-social Behavior	15	01
Module- 4:	Aggression	15	01
Module No.	Contents	Periods	Cos
1	<p>Module:1: Liking (Attraction)</p> <p>1.1. Internal Sources of Liking Others</p> <p>A. The importance of Affiliation in Human Existence</p> <p>B. The Role of Affect</p> <p>1.2. External Sources of Attraction</p> <p>A. The Power of Proximity</p> <p>B. Physical Beauty</p> <p>1.3. Sources of liking Based on Social Interaction</p> <p>A. Similarity</p> <p>B. Reciprocal Liking or Disliking</p> <p>C. Social skills</p> <p>D. Personality and Liking</p> <p>1.4. Close Relationships: Foundations of Social Life</p> <p>A. Romantic Relationships and the (Partially Solved) Mystery of Love</p>	15	CO1

2	<p>Module:2: Social Influence</p> <p>2.1. Conformity A. Social Pressure B. How Social Norms Emerge C. Factors Affecting Conformity D. Social Foundations of Conformity E. Reasons for Non-Conformity</p> <p>2.2. Compliance A. The Understanding Principles of Compliance B. Tactics Based on Friendship or Liking C. Tactics Based on Commitment or Consistency D. Tactics Based on Reciprocity</p> <p>2.3. Obedience to Authority A. Obedience in the Laboratory B. Why Destructive Obedience Occurs C. Resisting the Effects of Destructive Obedience</p> <p>2.4. Unintentional Social Influence A. Emotional Contagion B. Symbolic Social Influence C. Modeling: Learning from Observing Others</p>	15	CO2
3	<p>Module:3: Pro-social Behavior</p> <p>3.1. Why People Help? A. Empathy –Altruism B. Negative-State Relief C. Empathic Joy D. Competitive Altruism E. Kin Selection Theory F. Defensive Helping</p> <p>3.2. Factors That Increase or Decrease the Tendency to Help A. Factors That Increase Pro-social Behavior B. Factors That Reduce Helping</p>	15	CO3

	<p>3.3. Crowd Funding: A New Type of Pro-social Behavior A. Emotion and Pro-social Behavior B. Gender and Pro-social Behavior</p> <p>3.4. Final Thoughts: Are Pro-social Behavior and Aggression Opposites?</p>		
4	<p>Module:4: Aggression</p> <p>4.1. Perspectives on Aggression A. The Role of Biological Factors B. Drive Theories\Modern Theories of Aggression</p> <p>4.2. Causes of Human Aggression A. Basic Sources of Aggression B. Social Causes of Aggression C. Gender and Aggression D. Situational Determinants of Aggression</p> <p>4.3. Aggression in the Classroom and Workplace</p> <p>4.4.The Prevention and Control of Aggression A. Punishment B. Self-Regulation C. Catharsis D. Reading Aggression by Thinking Non-aggressive Thoughts</p>	15	CO4
<p>Practical work: Case Study / Field Survey / Field Visits / Project</p> <ol style="list-style-type: none"> 1. Observations 2. Case Study 3. Field Survey 4. Field Visits 5. Project 6. Power point presentation on any syllabus related topic. 7. Home Assignment 8. Online/ Offline Unit Class Test 9. Case Study on any Issue 			

Reading Books:

1. Branscombe , N. R., Baron, R. A. & Kapur, P. (2017). *Social Psychology*. (14th ed.), Noida (UP): Pearson India Education Services Pvt. Ltd., Second Impression 2018.
2. Branscombe, Nyla, R. & Baron, Robert A.(2017). *Social Psychology*.(14th Golden Edition).Pearson Education Limited.

Books for Reference:

1. Aronson, E., Wilson, T. D., Akert, R. M. & Sommers, S. R.(2015). *Social Psychology*.(9th ed.) New Jersey: Pearson Education Practice Hall.
2. Aronson, Elliot., Wilson, Timothy. D., & Sommers, Samuel, R. (2018). *Social Psychology* (10th ed.)Pearson Education
3. Baron, R. A. & Branscombe , N. R. (2012). *Social Psychology*. (13th ed.)New Delhi: Pearson Education: Indian Reprint 2014.
4. Baron, Robert A., & Branscombe, Nyla R.,(2012). *Social Psychology*. (13th Edition). Pearson Education Practice Hall.
5. Baron, Robert A., & Branscombe, Nyla, R.(2014). *Social Psychology*.(13th ed.). Pearson New International Edition, Pearson Education Limited.
6. Heinzen, Thomas., & Goodfriend,Wind.(2019). *Social Psychology*. Sage Publications, Inc.
7. Mercer, J. & Clayton, D. (2014).*Social Psychology*. New Delhi: Dorling Kindersley India Pvt.
8. Myers, David., Jordan, Christian. Smith, Steven. & Spencer, Steven. (2018). *Social Psychology*. (Seventh Canadian Edition). McGraw-Hill.

Suggested Research Journal

1. European Journal of Social Psychology
2. Journal of Experimental Social Psychology
3. Journal of Personality and Social Psychology
4. The Journal of Social Psychology
5. Personality and Social Psychology Bulletin
6. Social Psychological and Personality Science
7. British Journal of Social Psychology
8. Asian Journal of Social Psychology\Journal of Social Issues
9. Social Psychology Quarterly

Additional readings:

1. Lokastta
2. Maharashtra Times
3. Saptahik Sakal
4. Lokprabha

Medium of Instruction – Marathi/English



Rayat Shikshan Sanstha`s
Chhatrapati Shivaji College, Satara (Autonomous)
A Constituent College of Karmaveer Bhaurao Patil University, Satara
Choice Based Credit System
B.A. Part-II Semester-IV
Psychology Course-6
(Implemented from June, 2023 onwards)
Applied Psychology
Subject Code: (PSYO6)
(Credit 04)

Preamble: Applied Psychology includes many branches of psychology like clinical, personality, social, and developmental psychology as well as important fields of cognitive, biological, and health psychology. The aim of this paper is to increase students' understanding as well as their knowledge about personal adjustment, in order that they may continue learning on their own. The purpose of this paper is to help students understand the processes of Personal control, Decision-Making, Personal growth, work, play, making and keeping friends, Love, and Commitment.

Objectives

1. To acquaint the students with processes of Personal control, Decision Making and Personal growth.
2. To introduce students the work, career, play and using leisure positively.
3. To acquaint the students with making and kipping friendships.
4. To introduce students the concept of love and commitment.

Course Outcomes: After studying the course the student will be able to ...

- CO-1: Understand the processes of Personal control, Decision Making and Personal growth.
- CO-2: Understand the work, career, play and using leisure positively.
- CO-3: Understand the making and kipping friendships.

- CO-4: Understand the concept of love and commitment.

Expected Skills impartation (Through theory and practical's)

1. Reading skills
2. Comprehension skills
3. Understanding skill
4. Analytical skill
5. Comparison skill

Module No.	Name of the Module	No of Hours	No. of credits
01	Taking Charge	15	01
02	Making and keeping friends	15	01
03	At Work and Play	15	01
04	Love and Commitment	15	01
Module No.	Contents	Periods	Cos
1	<p>Module:1: Taking Charge</p> <p>1.1 Personal Control</p> <p>A. Explaining Perceived Control</p> <p>B. The Benefits of Perceived Control</p> <p>C. Misperception and Maladjustment</p> <p>D. Learned Optimism</p> <p>E. Defensive Pessimism</p> <p>1.2 Decision Making</p> <p>A. The Process of Decision Making</p> <p>B. Critical Elements in Decision Making</p> <p>C. Post-Decision Regret</p> <p>D. Making Better Decisions</p> <p>1.3 Decisions and Personal Growth</p> <p>A. Making New Decisions</p> <p>B. Some practical Applications</p>	15	CO1
	<p>Module:2: At Work and Play</p> <p>2.1 At Work</p> <p>A. Taking Stalk of Yourself</p>		

2	<p>B. Identifying Compatible Careers C. Arriving at Your Career Decision D. Landing a Job E. Changing Jobs or Careers F. Work Issues Related to Culture and Gender</p> <p>2.2 At Play A. What is Leisure? B. Using Leisure Positively C. Leisure across Adulthood</p>	15	CO2
3	<p>Module:3: Making and keeping friends 3.1 Meeting People A. Are First Impressions Most Important? B. Factors that Influence First Impressions C. Mistaken Impressions</p> <p>3.2 Keeping Friends A. When Friends Get Together? B. Self-disclosure – Those Little Secrets C. Gender Differences in Friendship D. Staying Friends</p> <p>3.3 When It’s Hard to Make Friends? A. Shyness B. Loneliness</p>	15	CO3
4	<p>Module:4: Love and Commitment 4.1 Love is a Many Splendored (and Defined) Thing A. The Many Definitions of Love B. Love and Friendship C. Love and Attachment</p> <p>4.2 Finding Love A. Online Dating B. The importance of Self-disclosure</p> <p>4.3 Marriage and Other Committed Relationships A. Cohabitation</p>	15	CO4

	<p>B. Marriage</p> <p>4.4 Adjusting to Intimate Relationships</p> <p>A. Attitude adjustment</p> <p>B. Sharing Responsibilities</p> <p>C. Communication and Conflict</p> <p>D. Making the Relationship Better</p> <p>E. Sexuality</p>		
<p>Practical work: Case Study / Field Survey / Field Visits / Project</p> <ol style="list-style-type: none"> 1. Observations 2. Case Study 3. Field Survey 4. Field Visits 5. Project 6. Power point presentation on any syllabus related topic. 7. Home Assignment 8. Online/ Offline Unit Class Test 9. Case Study on any Issue 			<p>CO1- CO4</p>
<p>Reading/ Study Book:</p> <ul style="list-style-type: none"> • Kirsh, S.J., Duffy, K.G., & Atwater, E. (2015). <i>Psychology for Living- Adjustment, Growth, and Behavior Today</i>. (11th ed.). Noida (UP) :Pearson India Education Services Pvt. Ltd. 			

Reference Books:

- Atwater, E. (1994). *Psychology for Living* (5th ed.). New Delhi: Prentice-Hall of India Private Ltd.
- Barve, B. N. (1998). *Jivanmanache Manasshastra. Jalana: Sankalp Pub.*
- Weiten, W. & Margaret, A.L. (1994). *Psychology Applied to Modern Life*, (7th ed.).Singapore: Thomson Asia Pvt. Ltd.
- Shirgave, Naik, Ghaste. (2014). *UpyojitManasshatra*, Pune :Nirali Prakashan.
- Patil, Anagha & Rajhans Manasi. (1998). *Jivnopyogi Manasshastra* , Pune : Unmesh Prakashan.
- Shirgave, Naik, Ghaste. (2019). *Upyojit Manasshatra*, Pune :Nirali Prakashan.
- Shirgave, Naik, Ghaste. (2019). *Jivanopyogi Manasshatra*, Pune :Nirali Prakashan.
- Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). *Jivanopyogi Manasshatra*, Kolhapur :Fadake Prakashan.
- Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). *Upyojit Manasshatra*, Kolhapur :Fadake Prakashan.
- Y.C.M.O.U., Nashik : VyktimatvVikas (PSY273)

Suggested Research Journal

1. Behavioral Disorders, Sage Publications Inc., 2455 Teller Rd, Thousand Oaks, USA.
2. Journal of Counseling Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
3. Journal of Emotional and Behavioral Disorders, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
4. Applied Psychology-An International Review-Psychology Applique-Revue International, Wiley, 111 River St, Hoboken, USA.
5. Applied Psychology-Health and Well Being, Wiley, 111 River St, Hoboken, USA.
6. Behavioral Sciences & the Law, Wiley, 111 River St, Hoboken, USA.
7. British Journal of Guidance &Counselling, Rout ledge Journals, Taylor & Francis

Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.

8. Counseling Psychologist, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
9. European Review of Applied Psychology- Elsevier France-Editions Scientific Medicals Elsevier, 65 Rue Camille Desmoulins,.
10. Human Performance, Routledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
11. International Journal of Stress Management, American Psychological Assoc, 750 First St Ne, Washington, USA.
12. Journal of Applied Behavioral Science, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
13. Journal of Applied Psychology, American Psychological Assoc, 750 First St Ne, Washington, USA.
14. Journal of Behavioral Decision Making, Wiley, 111 River St, Hoboken, USA.

Additional readings:

1. Lokastta
2. Maharashtra Times
3. SaptahikSakal
4. Lokprabha

Medium of Instruction – Marathi/English



Rayat Shikshan Sanstha's
Chhatrapati Shivaji College, Satara (Autonomous)
A Constituent College of Karmaveer Bhaurao Patil University, Satara
Choice Based Credit System
B.A. II Semester III
(Implemented from June, 2023 onwards)
I.D.S Course
Logic (T) (Deductive)-I
Subject Code: LOG 1
(Credit 04)

Preamble: Logic is an important tool to develop critical thinking. When used in arguments and decision-making, deductive reasoning is used as a guideline to present factual evidence. Deductive reasoning allows them to apply the theories to specific situations. Logic study will students develop analytical soft skills.

Objectives

1. To acquaint the students with basic concepts of logic.
2. To introduce students the nature and Scope of Logic.
3. To introduce students the propositions, term, laws of thought.
4. To acquaint the students with Pure Categorical Syllogism.
5. To introduce students the syllogism and dilemma.

Course Outcomes:

- CO-1 Describe the basic concepts of logic.
CO-2 Understand the nature and Scope of Logic.
CO-3 Understand the propositions, term, laws of thought
CO-4 Understand the Pure Categorical Syllogism.
CO-5 Understanding syllogism and dilemma

Expected Skills impartation (Through theory and practical):

1. Implanting analytical thinking.
2. Providing applications of theories in practical.

Module	Name of the Module	No of	No. of
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No.		Hours	credits
01	Nature and scope of Logic	15	01
02	Propositions, Term, Laws of Thought	15	01
03	Pure Categorical Syllogism	15	01
04	Mixed Syllogism	15	01
Module No.	Contents	Periods	CO's
1	Module:1: Nature and scope of Logic 1.1. Definitions and Nature of Logic 1.2. Kinds of knowledge, definition and nature of logic 1.3. Inference Nature, Importance 1.4. Deductive and inductive Inference	15	CO1 CO2
2	Module:2: Propositions , Term, Laws of Thought 2.1. Definition Nature and Item Analysis 2.2. Terms, Types of Terms 2.3. Classification Propositions a) Traditional Classification of Propositions b) Modern Classification of Propositions 2.4. Laws of Thought	15	CO3
3	Module:3: Pure Categorical Syllogism 3.1. Definition and Nature or Characteristics of Syllogism 3.2. Types of Syllogism 3.3. Structure of Syllogism 3.4. Rules of Validity of Syllogism	15	CO4
4	Module:4: Mixed Syllogism 4.1. Mixed Hypothetical Syllogism: Definition and Structure , types 4.2. Constructive Mood or Modus Ponens, Destructive Mood or Modus Tollens, 4.3. Mixed Alternative Syllogism: Definition, Types 4.4. Dilemma: Definition and Types	15	CO5

Practical Work:

1. Observations
2. Case Study
3. Field Survey
4. Field Visits
5. Project
6. Power point presentation on any syllabus related topic.
7. Home Assignment
8. Online/ Offline Unit Class Test
9. Case Study on any Issue

Reference Books:

1. Dikshit, Shrinivas (1967), *Tarkshashtra*. Kolhapur: Maharashtra Granth Bhandar
2. Hulyalkar, S. G.; Kale S. V.; Kawale, S. R.(1959), *Sugam Tarkashastra aani vaidnyanik padhatti*. Pune :AnaathVidyarthiGruhaPrakashan.
3. Hurley, P., & Watson, L.(2018), *A Concise Introduction to Logic*. Delhi: Wadsworth
4. Kadam, Mukund (1969),*Sulabh Trkshastra*. Satara: Ravil Publication
5. Khandagale, Chandraknt (2015), *Nigami Tarkshashtra*. Sangali: Sau. Mayadevi Khandagale
6. Pataskar,N.(1968), *Tarkshastra*. Kolhapur: Maharashtra Granth Bhandar
7. Phadke, N. C.; (1959), *Tarkshastra aani vaidnyanik padhatti*. Pune :Deshmukh Prakashan.

Suggested Research Journal:

1. Journal of Philosophical Logic, Springer
2. Journal of Logic and Computation, Oxford Academic
3. Logic journal of IGPL, Oxford Academic
4. The Journal of Symbolic Logic, JSTOR
5. Journal of Applied Logic, Science Direct
6. History and Philosophy of Logic, Taylor & Francis Online

Medium of Instruction :Marathi / English



Rayat Shikshan Sanstha's

Chhatrapati Shivaji College, Satara (Autonomous)

A Constituent College of Karmaveer Bhaurao Patil University, Satara

Choice Based Credit System

B.A. II Semester-IV

(Implemented from June, 2023 onwards)

I.D.S Course

Logic (T) (Inductive)-II

Subject Code: LOG 2

(Credit 04)

Preamble: Inductive logic helps to develop scientific attitude and makes familiar with research methods. It is attempt to enable students use principles of rational emotive behaviour therapy and inductive logic principles hand in hand.

Objectives

1. To acquaint the students with inductive leap and empirical knowledge.
2. To introduce students the research methods.
3. To acquaint the students with Generate valid hypothesis.
4. To introduce students the rational and irrational thinking and disputing irrational thoughts.

Course Outcomes:

CO-1 Understanding inductive leap and empirical knowledge

CO-2 Make student familiar with research methods

CO-3 Generate valid hypothesis

CO-4 Understand difference between rational and irrational thinking and disputing irrational thoughts

Expected Skills impartation (Through theory and practical):

1. Applying research findings to general population / strata
2. Developing research attitude
3. Assessing thoughts and situation on rationality criteria

Module No.	Contents	Periods	CO's
1	Module:1: Nature and kinds of Inductive Inference A. Simple Enumeration B. Analogy C. Scientific Induction	15	CO – 1
2	Module:2: Grounds of Induction A. Principles of causality and uniformity of nature B. Observation – Characteristics, fallacies C. Experiment – Nature , Merits and Demerits	15	CO – 2
3	Module:3: Hypothesis A. Definition, nature and importance of hypothesis B. Conditions of valid hypothesis C. Verification and proof of hypothesis	15	CO – 3
4	Module:4: Rational Emotive Behavioural Therapy (REBT) A. REBT : History, Basic concepts, ABC theory of personality B. Four Core irrational beliefs, the irrational contentm(approval/ affiliation, achievement, comfort, power/ control, fairness), connection between irrational beliefs and irrational content C. logical disputation of irrational beliefs	15	CO – 4
Practical Work: (Case study / Project)			
1. Generating hypotheses for research subject			CO – 3
2. Applying REBT principles to given situation			CO – 4
3. Disputing irrational beliefs			CO – 4
Reference Books:			
1. Dikshit, Shrinivas (1967), <i>Tarkshashtra</i> . Kolhapur: Maharashtra Granth Bhandar			
2. Hulyalkar, S. G.; Kale S. V.; Kawale, S. R.(1959), <i>Sugam Tarkashastra aani</i>			

vaidnyanik padhatti. Pune :Anaath Vidyarthi Gruha Prakashan.

3. Hurley, P., & Watson, L. (2018), *A Concise Introduction to Logic*. Delhi: Wadsworth
4. Kadam, Mukund (1969), *Sulabh Trkshastra*. Satara: Ravil Publication
5. Khandagale, Chandrakant (2015), *Nigami Tarkshashstra*. Sangali: Sau. Mayadevi Khandagale
6. Pataskar, N. (1968), *Tarkshastra*. Kolhapur: Maharashtra Granth Bhandar
7. Phadke, N. C.; (1959), *Tarkshastra aani vaidnyanik padhatti*. Pune :Deshmukh Prakashan.
8. Walen, S., & Dryden, W. (1992), *A Practitioner's Guide to Rational-Emotive Therapy*. New York : Oxford University Press

Suggested Research Journal:

1. Journal of Philosophical Logic, Springer
2. Journal of Logic and Computation, Oxford Academic
3. Logic journal of IGPL, Oxford Academic
4. The Journal of Symbolic Logic, JSTOR
5. Journal of Applied Logic, Science Direct
6. History and Philosophy of Logic, Taylor & Francis Online

Medium of Instruction : Marathi / English



Rayat Shikshan Sanstha's
Chhatrapati Shivaji College, Satara (Autonomous)
A Constituent College of
Karmaveer Bhaurao Patil University, Satara
Question Paper Pattern
Department of Psychology
Choice Based Credit System B.A. Part-II (Psychology & Logic)

- Instruction:** 1) All Questions are Compulsory.
2) All Questions carry equal marks.
3) Figures to the right indicate full marks.

Day and Date:
Time: Two Hours

Total Marks: 60

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- Q. 1. Choose the correct alternatives from the following** **15**
प्रश्न १. खालीलपैकी योग्य पर्याय निवडा.
- Q.2. Write short Notes (Three out of Four)** **15**
प्रश्न २. टीपा लिहा (चार पैकी तीन)
- Q.3. Write short answer (Three out of Four)** **15**
प्रश्न ३. थोडक्यात उत्तरे लिहा (चार पैकी तीन)
- Q.4. Answer the following question in broad. (One out Two)** **15**
प्रश्न ४. खालील प्रश्नाचे सविस्तर उत्तर लिहा.(दोनपैकी एक)

- **IE (Internal Evaluation):**

- 1.1. Activities 40 Marks:**

- 1. Home Assignment - 10 Marks
 - 2. Class Test - 20 Marks
 - 3. Subject Specific Activity -10 Marks


Head
Department of Psychology
Chhatrapati Shivaji College, Satara
(Autonomous)

