

RESUME



PERSONAL INFORMATION

- **Name** : MHASKE MANASVI VIVEK
- **Permanent Address** : 261, Godoli Satara.
- **Date of Birth** : 19/09/1996
- **Academic Qualification** : M.A. Counselling Psychology.
- **Marital Status** : Unmarried.
- **Nationality** : Indian
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- **Category** : SC
- **Department** : Department of Psychology

ACADEMIC QUALIFICATIONS

Sr. No.	Degree	Board / University	Subjects	Year of passing	Percentage
1.	PGDSC	Shivaji University	Counselling Psychology	2022	82.05%
2.	M.A.	Savitribai Phule Pune University	Counselling Psychology	2019	71.80%
3.	B.A.	Shivaji University	Psychology	2017	58.50%
4.	H.S.C.	Maharashtra state Board	General	2014	60.46%
5.	S.S.C.	Maharashtra state Board	General	2012	70.40%
6.	MS-CIT	Maharashtra state Board of Technical Education, Mumbai	General	2014	91%

Teaching Experience

Sr.No	College Name	Joining Date	Post
1.	Chhatrapati Shivaji College, Satara	03/09/2022	CHB

RESEARCH PAPER PUBLICATION

➤ PUBLICATIONS IN RESEARCH JOURNALS:

- “कोरोना पश्चात मानसिक स्वास्थ्याचे व्यवस्थापन” MARATHI MANASSHAstra PARISHAD, PUNE Organized 8th National & 35th State Level Annual Conference 3rd February, 2023 & 4th February, 2023 THEME: “POST COVID WELLBEING AND CHALLENGES”.
- बारामती शहरातील महाविद्यालयीन विद्यार्थ्यांमधील राहण्याचे ठिकाण आणि लिंगभेदाचा त्यांच्या मानसिक आरोग्यावर होणारा परिणाम. State level workshop on stress management at work place in Mahatma Phule Mahavidyalaya Pimpri- wagher, pune on 16th and 17th January 2019, ‘Research Journey’ International E-Research Journal Page No (127-132) ISSN-2348-71 February.
- गुरुकुलमध्ये वास्तव्य करणाऱ्या व कुटुंबासमवेत राहणाऱ्या माध्यमिक विद्यार्थ्यांच्या व्यक्तिमत्त्वाचा आणि सिद्धी प्रेरणेचा तुलनात्मक अभ्यास one day International Conference on New Dimensions and Innovations in Social Sciences at Chhatrapati Shivaji College, Satara (Autonomous) on 28th October 2023. Itihasacharya V.K. Rajwade Research Board, Dhule, UGC CARE LISTED ISSN NO. 2394-5990 page no.147-150.

RESEARCH PAPER PRESENTED

Sr. No.	Title of the Research Paper	Title	Level	Place and Date
1.	बारामती शहरातील महाविद्यालयीन विद्यार्थ्यांमधील राहण्याचे ठिकाण आणि लिंगभेदाचा त्यांच्या मानसिक आरोग्यावर होणारा परिणाम.	WORKSHOP ON STRESS MANAGEMENT AT WORK PLACE	State level workshop	Mahatma Phule Mahavidyalaya Pimpari-waghere, pune on 16 th and 17 th January 2019
2.	“Case Study of Alcohol Dependence”	Karmaveer ‘ECOFEST’ 2023	National Level Research Competition	Chhatrapati Shivaji College, Satara (Autonomous) on 9 th March 2023.
3.	गुरुकुलमध्ये वास्तव्य करणाऱ्या व कुटुंबासमवेत राहणाऱ्या माध्यमिक विद्यार्थ्यांच्या व्यक्तिमत्त्वाचा आणि सिद्धी प्रेरणेचा तुलनात्मक अभ्यास	NEW DIMENSIONS AND INNOVATIONS IN SOCIAL SCIENCES	International Conference	Chhatrapati Shivaji College, Satara (Autonomous) on 28 th October 2023.
4.	कोरोना पश्चात मानसिक स्वास्थ्याचे व्यवस्थापन	POST COVID WELLBEING AND CHALLENGES	8 th National & 35 th State Level Annual Conference	Shri Pancham Khemraj Mahavidyalaya, Sawantwadi 3 rd and 4 th February, 2023
5.	Level of Spiritual Value among the Adults of Male and Female	TECHNOLOGY, HUMAN BEING AND SOCIETY	16 th University Level and 8 th State Level Conference	Karmaveer Bhaurao Patil College Urun-Islampur, Sangali on 19 th January, 2024

RESEARCH WORK

Research project:

- बारामती शहरातील महाविद्यालयीन विद्यार्थ्यांमधील राहण्याचे ठिकाण आणि लिंगभेदाचा त्यांच्या मानसिक आरोग्यावर होणार परिणाम.
- **Counselling Case Studies:** Project for M.A. –II (VI Semester)
- “कोरोना पश्चात मानसिक स्वास्थ्याचे व्यवस्थापन” MARATHI MANASSHASTRA PARISHAD, PUNE Organized 8th National & 35th State Level Annual Conference 3rd February, 2023 & 4th February, 2023 THEME: “POST COVID WELLBEING AND CHALLENGES”.
- National Level Research Competition Presentation in “Case Study of Alcohol Dependence” on 9th March, 2023.

Central Assessment Programme (Cap)

- CAP-Paper Assessment in Examination Cell at Chhatrapati Shivaji College, Satara in academy year 2023-2024.
- CAP- Paper Assessment in Examination Cell at Chhatrapati Shivaji College, Satara in academic year 2022-2023.
- Attendance Certificate in Central Assessment Programme (CAP) under the Examination Cell at Chhatrapati Shivaji College, Satara in academic year November/December 2022-2023.
- Attendance Certificate in Central Assessment Programme (CAP) under the Examination Cell at Chhatrapati Shivaji College, Satara in academic year March/April 2023-2024.

WORKSHOP ATTENDED

- Attended Group discussion and personality Development in Chhatrapati Shivaji College, Satara on 12 January, 2017.
- Attended state level Workshop on “Pre and Post Martial Guidance” on 23rd and 24th January, 2018.
- Attended National level paper presentation in Sangameshwar College, Solapur on 4th February 2018.
- Attended One Day Workshop on ‘Vivahpurva Samupadeshan’ at Chhatrapati Shivaji College, Satara on 19th January 2019.
- Attended One Day Workshop on ‘Vyaktimatva Vikas’ at Chhatrapati Shivaji College, Satara on 16th January 2020.
- Attended One Day Workshop on ‘Diet and Health’ at Chhatrapati Shivaji College, Satara (Autonomous) on 9th March 2021.
- Attended One Day State Level Workshop on ‘PSYCHOLOGICAL COUNSELLING: PROCESS AND ESSENTIAL SKILLS’ at Chhatrapati Shivaji College, Satara (Autonomous) on 17th March 2021.
- Attended One Day State Level Workshop on ‘Management of Self Identity’ at Chhatrapati Shivaji College, Satara (Autonomous) on 20th March 2021.
- Attended One Day International Level Workshop on ‘Skills of Stress and Relationship Management’ at Chhatrapati Shivaji College, Satara (Autonomous) on 22nd March 2021.
- Attended One Day State Level Faculty Development Workshop on ‘Application of REBT in Daily Life’ at Chhatrapati Shivaji College, Satara (Autonomous) on 30th March 2021.
- Attended Five Days National Workshop on “Skills of Marriage and Family Therapist” at Chhatrapati Shivaji College, Satara (Autonomous) on 4th May to 8th May 2022.
- Attended One Day State Level Workshop on “YUVA MANASRANG” at Chhatrapati Shivaji College, Satara (Autonomous) on 2nd September 2022.

- Organizing Committee Member of Two Days National Workshop on “Skills Of Hypnotherapy” on 12th September, 2022 to 13th September, 2022.
- Coordinator of One Day State Level Awareness Program on “Alzheimer’s and Dementia” on 21st September 2022.
- Organizing Committee Member of Two Days National Level Workshop on “Essential Skills of Clinical Psychologist” on 10th October, 2022 & 11th October, 2022.
- Attended One Day Workshop on “National Education Policy 2020: Autonomous College Curriculum Structure and Examination System” on 12th October, 2022.
- Organizing Committee Member of One Day National Workshop on “Capacity Building of Life skills” on 13th October, 2022.
- Course Coordinator of Certificate Course in “Psychological First Aid” as a Skill and Job Oriented Course in the year 2022-2023.
- Organizing Committee member of One Day Online State Level Awareness Program on “Alzheimer’s Disease” at Chhatrapati Shivaji College, Satara (Autonomous) on 21st September 2023.
- Organizing Committee member of Poster Presentation Competition 2023-2024 on the occasion of Birth Anniversary of Padma Bhushan Dr. Karmaveer Bhaurao Patil at Chhatrapati Shivaji College, Satara (Autonomous) on 30st September 2023.
- Organizing Committee member of One Day Expert Lecture & Awareness Program on “Borderline Personality Disorder (BPD)” at Chhatrapati Shivaji College, Satara (Autonomous) on 06th October 2023.
- Organizing Committee member of One Day Expert Lecture & Awareness Program on “Obsessive-Compulsive Disorder (OCD)” at Chhatrapati Shivaji College, Satara (Autonomous) on 09th October 2023.

- Organizing Committee member of One Day Expert Lecture & Awareness Program on “Mental Health: Universal Human Right” at Chhatrapati Shivaji College, Satara (Autonomous) on 10th October 2023.
- Attended one day International Conference on New Dimensions and Innovations in Social Sciences at Chhatrapati Shivaji College, Satara (Autonomous) on 28th October 2023.
- Attended Shivaji Vidyapeeth Marathi Manasshastra Parishad Organizes 16th University level and 8th state level Conference at Karmaveer Bhaurao Patil College, Urun-Islampur, Dist-Sangli, Maharashtra, India.
- Organizing Committee member of one day Expert Lecture on Nature and Application of Projective Techniques at Chhatrapati Shivaji College, Satara (Autonomous) on 8th February 2023.
- Organizing Committee member of two days National Level Workshop on Students Personality Development at Chhatrapati Shivaji College, Satara (Autonomous) on 10th February 2024 & 11th February 2024.
- Attended One Day National Conference Organized on the Centenary Celebration of the Problem of the Rupee: Its Origin and its Solution – Dr. B.R. Ambedkar at Chhatrapati Shivaji College, Satara (Autonomous) on 2nd March 2024
- Coordinator of Two Days National Workshop on “Youth Personality Development: Skills and Techniques” on 23rd & 24th March, 2024.
- Organizing Committee member of one day awareness program on Alzheimer and Dementia at Chhatrapati Shivaji College, Satara on 21st September 2024.
- Organizing Committee member of one day Awareness program on Advance Diploma in Counselling and Mental Health at Chhatrapati Shivaji College, Satara on 25th September 2024
- Organizing Committee member of one day workshop on ‘Counselling Skills’

Celebration of World Mental Health Awareness Week at Chhatrapati Shivaji College, Satara on 5th October 2024

- Coordinator of one day workshop on ‘CPR Technique’ Celebration of World Mental Health Awareness Week at Chhatrapati Shivaji College, Satara on 7th October 2024
- Organizing Committee member of one day workshop on ‘Yoga and Mental Health’ Celebration of World Mental Health Awareness Week at Chhatrapati Shivaji College, Satara on 8th October 2024
- Organizing Committee member of one day workshop on ‘Importance and Application of Indian Ayurveda for Mental Health’ Celebration of World Mental Health Awareness Week at Chhatrapati Shivaji College, Satara on 10th October 2024

SEMINAR

- Attended one day ‘State Level Seminar on Current Issues in Adolescents Behaviour’ Conducted by Department of Psychology and IQAC of Chhatrapati Shivaji College, Satara under RUSA on 16th March 2021
- Attended One Day National Seminar on “Contribution of Loknete Hon’ble Sharadraoji Pawar in Social, Economic & Political Sphere” conducted by Social Sciences Association and IQAC of Chhatrapati Shivaji College, Satara under RUSA on 11th December 2022.
- Organizing Committee member of One Day National Seminar on “Application of Health Psychology in Day Today Life” on 21st March, 2024.

Training Program

- Attended training Program on “Application of Psychological Tests” on 25th August, 2022 under aegis of RUSA.

- Organizing Committee Member of Training Program on “Clinical Case Study Conducting and Report Writing Skills” on 07th September 2022.

RESEARCH PAPER

- Attended state level workshop on stress management at work place in Mahatma Phule Mahavidyalaya Pimpri- waghare, pune on 16th and 17th January 2019.
- Attended one day International Conference on New Dimensions and Innovations in Social Sciences at Chhatrapati Shivaji College, Satara (Autonomous) on 28th October 2023.
- Attended Shivaji Vidyapeeth Marathi Manasshastra Parishad Organizes 16th University level and 8th state level Conference at Karmaveer Bhaurao Patil College, Urun-Islampur, Dist-Sangli, Maharashtra, India on 19th January, 2024.

Other

- Member of BOS in Chhatrapati Shivaji College, Satara

DECLARATION:

I hereby declare that the information furnished above is true to the best of my knowledge.

Date: 04/12/2024

Abhaske.

Yours Faithfully
(Miss. Manasvi Vivek Mhaske)